

HIAWATHA CARE PROJECT - PRIORITIZING CARE STRATEGIES

COMMUNITY EVENTS

- 07.20.13 – Midtown Festival
- 07.21.13 – Urban Solution to Pollution
- 08.08.13 – Longfellow Cornfeed
- 08.11.13 – Minnehaha Ave Open Streets
- 08.18.13 – Little Earth Back to School Event

What should we do as a community to help improve our health and environment? Choose your Top 2 Strategies and let us know why you picked them:

Poor Nutrition and Obesity

1.1 Improve access to healthy, affordable food through gardens, farmers markets and urban farms

- Relevant to making larger social change
- Happy + healthy = community
- For better foods
- For healthy resources
- For community
- To improve your health
- This is always an issue.
- Coop please in this corridor.
- Neighborhood co-op + farmer's market.
- Community garden on Adams Triangle.
- Local, healthy food is critical for our future.
- Healthy, local food = healthy people!
- Community gardens are a great way to build better communities + neighborhoods!!
Nutrition is so important!
- Help obesity! With growing our own homegrown food.
- Stop GMO's. Promote labeling. Educate regarding bee / pollinator decline worldwide.
- Food is important for health.
- It's important.
- There aren't a lot of options/access for low-income people.
- We have problems with diabetes here
- So that everyone has EQUAL access to healthy choices and aren't limited by finite options.
- I am poor & poor food is not good for me (but SNAP @ the farmer's markets is great!).
- Equal access.
- Like the idea of diggin' in the dirt!
- Farmer's markets accept food stamps.
- Just because it makes sense.
- If we all had a little garden – it would be better than buying stuff at store – good use of land.
- Helps all of use when we're able to grow some of what we eat.
- Need healthy food alternatives for all – esp innercity. City and Park Board
- Growing locally

- Making land accessible
- Improve health

1.2. **Make it safer and easier to walk and bike to places in the neighborhood**

- I want to feel safe walking my dog. A better sense of community improves safety.
- Keep all safe! Encourage exercise!
- Stay safe and keep kids safe.
- Put bikes on sidewalk (off the road).
- The more people outdoors, the safer and healthier we will all be.
- I ride my bike everyday!
- I love my bike.
- So we can stay active.
- To stay safe and exercised.
- Biking + walking to work promotes health but you need the infrastructure! Keep up this direction!
- Helps with numerous problems, density, transport, etc. People outside also bring the community together.
- Close Nicollet downtown to buses etc. & open it to walk & bikes! And more bike routes too.
- Don't obsess over bike helmets as more important than other safety measures.
- More Open Streets on Minnehaha!
- More bike/walking/running paths.
- Safety is important for all to keep our neighborhood safe. Fight crime.
- Because it's healthy.
- Explain to kids to lock their bikes up at all time even if have to run in to use the bathroom.
- NiceRide station at Little Earth.

1.3 **Support community-based efforts to promote physical activity and good nutrition**

- Better ways to improve health to families and everyone that lives in community.
- Needs to be more access to healthy foods.
- Get rid of fast food.
- After work hours – more classes for people for nutrition and physical.
- Low cost/free health clubs – needs to be accessible for those who can't afford or have mobility issues to get to these places.
- Nice parks keep me healthy and happy.
- Keep kids moving. We need our kids to live long healthy lives.
- Support SHIP!! funding in MN!
- Need to offer more programs for kids & teens. Activity and obesity go hand in hand.
- We need programs that provide thoughtful, culturally sensitive education about food + fitness for kids + families.
- Educate in the schools on good nutrition choices & physical activity options.
- Have classes so that single parents can meet and talk while kids get classes to learn about nutrition and do active things.
- Important to have options for fitness and information.
- More extra-curricular stuff for adults and kids.
- People need more information.
- There aren't a lot of programs/opportunities for our youth.

Air Pollution

2.1 Plant more trees

- Better air
- Help asthma with cleaner air
- Because we need more air from the trees and they just look cool.
- Replace trees
- Can't have enough trees.
- Replace all the trees we lost in the storm.
- Replace trees we lost.
- Trees have oxygen and you will live. You need oxygen to live.
- Cleaner environment – cleaner air!
- Because we would have more oxygen!
- Trim trees on a regular basis to reduce potential storm damage.
- Cause we need oxygen.
- So many trees being pulled down to make paper.
- We need more trees for the environment.
- Because trees help clean the world of smoke in the world.
- To save animals homes.
- Decrease CO2. Provide shade in changing climate.

2.2 Reduce air pollution from wood burning fires, vehicles, lawn mowers, etc.

- Transportation finding more ways to car pool.
- Alternate fuel.
- Air quality: no burning during air quality alerts. No toxic dryer vent tissues.
- Cleaner environment and happier place to live!
- So we can breathe better.
- So we have clean air to breathe.
- Limit or ban backyard fires.
- I think this affects kids with asthma.
- Fix the lights on Hiawatha Av the timing is inefficient.
- Fix traffic light timing on Hiawatha!
- Hiawatha lights / timing are bad.
- Limit backyard fires. Require a permit for them. Backyard fires are concentrated on nice nights (Friday & Saturday) when we would like to be able to open our windows.
- No yard wood fires – wood is worse than coal.
- No vehicular idling. It's illegal, generally, in Minneapolis.

2.3 Work with business and industry to reduce local air emissions

- Businesses can be good role models—“taught” their green ways and use it as a marketing tool as well.
- We, the people, need to require control of carbon emissions to maintain our planet.
- The factories make people sick.
- Promote solar garden with products + components that are ethical + community-oriented (Cost is not the bottom line).

Economic Instability

3.1 Encourage people and businesses to buy locally

- More money for the community.
- Local action is the best place to be effective.
- Good for neighborhood; efficient – doesn't waste.
- Support local businesses – avoid big box stores.
- Supporting local businesses has far reaching impacts: keeps and creates local jobs, stabilizes the local economy, encourages new business growth, generates community awareness and pride.
- Money is an issue!
- Educate!

3.2 Support partnerships to develop jobs skills, train workers, and create learning opportunities for all

- More training. More workshops and offsite training programs.
- Support partnerships among community and our schools. We need much more facilitation in this area.
- People work better in a support situation.
- Access to training and learning opportunities are important.
- People need jobs!
- Raise the minimum wage to help people meet their basic needs.
- We need more jobs.
- Partnerships to help train + educate will help us all live better and happier!
- Give back to those who give to you!

3.3 Support local food production to grow the local economy

- Buy food locally.
- This would achieve a few issues – healthy food, economic development, and cleaner environment.
- Support for a local economy contributes to the dismantling of industrial ag and centralized power.
- Emerging economic sector!! Get on leading edge. Let's foodify our neighborhood!
- Support lcl business more personable with small business – would help the "little" people out of corporate circles – helps neighborhoods.
- Local is important – working locally will save \$ and energy.
- Because children will not be hungry.
- More jobs for locals.
- We need more good food options.
- Local grocery store! Especially coop.
- Access to local foods through gardens, CSA, grocery/coop.
- Community gardens provide free, healthy food options to lower SES families.

Asthma

4.1 Reduce childhood exposure to second hand smoke

- More education and information
- Because my grandkids have asthma. Thanks.
- My kids have asthma.
- Breathing is good – I have asthma and when I walk near people smoking I can't breathe so...
- I have asthma & if I hadn't smoked I wouldn't have developed asthma.
- RR diesel emissions. Wheat emissions from Mills! Now I have asthma. Hold landlords more accountable (e.g. mold).
- I see people smoke around their kids even if they have asthma.
- It's a big problem.
- Lots of asthma.
- My kids have asthma and I smoke in my bedroom, but it effects them.
- We have asthma in the family and neighborhood but people still smoke.

4.2 Support efforts to reduce asthma triggers in the home

- Going through this now
- Asthma – dust + mold are a source of concern.
- Asthma is a big issue – people don't know about stuff in the house that's making kids sick – it's hidden.
- Lots of kids here have asthma.
- My kids have asthma and I wonder about my house – if there are triggers there.
- Didn't have asthma until moved into a basement apartment. Hold landlords more accountable (e.g. mold).
- No fireplace wood fires. Wood is worse than coal.

Clean Water

5.1 Encourage yard care practices that reduce environmental impacts

- It would make yard look pretty.
- It would make people stop and look.
- To keep our lakes and rivers healthy.
- We need to preserve our clean water and the ability of others down the river to have clean water.
- Encourage and maybe educate/inform folks about green lawn care!
- Rebates, education, signs – give people options to chemicals.
- Not doing enough to protect water in our metropolis.
- Water is too valuable to waste or abuse.
- We all drink water.
- Water is a critical resource that is at risk due to climate change and poor allocation.
- Clean water is an issue.
- Incentivize practices by homeowners & business - \$ for boulevard gardens, less use of chemicals, runoff.

5.2 Reduce chemical use in homes and businesses and cut down on improper disposal of hazardous waste

- More information.
- 101 Home chemicals education.
- Too many chemicals around.
- Better tasting water.
- Water gets weird taste every spring and fall (fishy tasting).
- Wants to start using natural alternatives for house cleaning – more healthy, cheaper / community classes to learn methods.
- Animals might eat it.
- Some chemicals can kill you – you can get diseases
- Educate people about chemicals in the home – i.e. cleaning products.
- People could die if there are a lot of chemicals in the house.
- Take it somewhere else or stop producing or find a greener way of doing it.
- Promote alternatives to chemicals.
- Stop or slow the use of fertilizer.
- Chemicals in our water end up in human bodies – many homes / companies could easily reduce.

5.3 Reduce stormwater runoff to rivers, lakes, and streams

- Affects all residents.
- Classes/workshops on runoff-proof lawns + how to reduce impermeable surfaces.
- Leaves in H₂O put phosphorous in H₂O & turns it green – high negative impact; n’hood clean up events!
- Affect everyone.
- Reduce pollution + keep waterways + wetlands clean.
- We need more recycled water.
- More raingardens grants.
- Clean water – have seen effect of pollution on Lake Nokomis and Hiawatha.
- Rain barrel grants, stipends.
- I don’t know if this is the most important, but it’s very achievable.

Other

- Universal health care for all just like Congress!
- Affordable housing.
- Programs to help homeowners fix/maintain their homes.